

## **Post-Care instruction for Tooth Extraction**

### **Introduction**

Tooth which is unrestorable condition or useless tooth or zero prognosis.

### **Alternative treatment**

This is the most appropriate treatment for tooth injury

### **Risks and Side effects**

- |                                |             |
|--------------------------------|-------------|
| -Prolong bleeding              | -Dry socket |
| -Swelling                      | -Infection  |
| -Injury to proximity structure | -Pain       |

### **Instruction before and after treatment / procedure**

**Before** : Stop taking the blood –thinning medicines before the operation date and follow the instructions of the doctor strictly .

**After** : After the tooth extraction , the patient should follow the following instruction:

1. Bite the gauze firmly for 1 hour ½ hour for baby tooth to help stop bleeding. If bleeding persists, change to new gauze and continue biting firmly for another ½ to 1 hour or until the bleeding stop.
2. Do not rinse mouth vigorously for 24 hours after the treatment. Keep teeth and mouth clean by brushing gently after meal but avoid touching the wound.
3. During the first week after the treatment, gently rinse mouth with warm salt water ½ teaspoon of salt with 1 glass of warm water several times a day to help healing of the wound.
4. Take medication as prescribed by the dentist:
  - Pain relief medication: Take 1-2 tablets only when necessary.
  - Antibiotics (prescribed in some case) : must take the complete dosage prescribed.
  - Special mouth rinse.